



8/19/2023

# ONE WEEK ONE LAB



## Millets

**Environmental Information  
Awareness Capacity Building and  
Livelihood Programme Centre –  
EIACP at**

**CSIR- National Botanical Research Institute**



## ONE WEEK ONE LAB

DAY 3 – 16<sup>th</sup> August, 2023

The sixth & last day of the One Week One Lab Programme, **Dr. Jitendra Singh**, Hon'ble Union Minister for S&T & Vice President, CSIR and **Prof. Rabinarayan Acharaya**, Director-General, Central Council for Research in Ayurvedic Sciences, Ministry of Ayush, Govt. of India; **Dr. Sanjay Kumar**, Chairman, ASRB, New Delhi & Former Director, CSIR-IHBT, Palampur; **Dr. C.S. Nautiyal**, Former Director, CSIR-NBRI, Lucknow, were the dignitaries graced the function.



**Dr. Jitendra Singh**, dedicated the 'Namoh 108' lotus variety and innovative R&D products developed by CSIR-NBRI.



## HIGHLIGHTS

NBRI EIACP Programme Centre Coordinator **Dr. Anju Patel** explained to the Hon'ble Minister about the activities of the NBRI-EIACP Programme Centre established under the EIACP Programme of MoEF&CC, Govt. of India. She enumerated the initiatives taken by the NBRI-EIACP Centre under the Mission LiFE and activities being undertaken for 75 life actions for bringing sustainability in daily lifestyles of society.





A **Millet Awareness Programme** was held in the function aiming at education and promotion of the consumption of millets among the target audience, highlighting their nutritional and environmental benefits.

The programme was organized as an interactive workshop participated by nutritionists and housewives. Experts explained the health benefits of millet to the visitors. The staff of the NBRI-EIACP Centre sensitized the visitors and educated them about the nutritional value of millets, including the high fibre, protein, and micronutrient content. NBRI-EIACP highlighted the valuable knowledge and significance of adding millet as one of the main ingredients in meals, and discussed the ecological benefits of millet cultivation, such as its low water and carbon footprint compared to other crops.

Cooking demonstrations were showcased by them to the guests, on how to incorporate millets into everyday meals. 50 participants prepared delicious millet-based dishes.

In the valedictory session, the Chief Guest **Shri Brajesh Pathak**, Hon'ble Deputy Chief Minister, Government of Uttar Pradesh, awarded the winners and participants with certificates. 60 individuals attended the event programme.

